

# The Little Disciple Learning Center

348 South Lexington Ave.  
White Plains, NY 10606  
(914) 428-4727



## Classroom schedule

### UPK Classroom 1

**8:40am – 8:55am** Bathroom/Hand Washing Time/ Arrival (Table Toys)

**9:00am- 9:20am** Snack

**9:20am- 9:30am** Morning Meeting/ Phonemic Awareness

**9:30am- 10:00am** Lesson Block # 1 (**Language**)

**10:00am- 10:40am** Lesson Block # 2 (**Math**)

**10:45am- 11:20am** Gymnasium or Outside Time (**Upper Park**)

**11:25am-11:35am** Bathroom/Hand Washing Time

**11:40am- 12:00pm** Lunch Time

**12:05pm -12:50pm** Rest Time

**1:00pm- 1:30pm** Center Time

**1:35pm- 2:05pm** Lesson Block # 3 (Literacy & Foundations)

**2:30pm**Dismissal

**2:45pm- 3:00pm** Disinfecting